

Prayer Shawl

Knitting Directions

Materials:

- ❖ 3 skeins Lion Brand Homespun Yarn or any soft worsted weight yarn
- ❖ Size 11 or 13 knitting needles

Pattern:

Cast on 57 stitches.

Row 1: Knit (k) three, Purl (p) three, to the end of the row.

Following Rows: Turn, Knit the purl and purl the knit.

You will begin every row with knit.

A weave pattern will develop. Knit about 2-2/3 skeins in the pattern. Use the rest of the yarn for fringe. The fringe can be as short as 3 inches or as long as 8 or 9 inches. Finished size is about 30" X 6', plus fringe.

Weave prayers into the shawl as you make the shawl. Begin with a prayer for blessing the shawl. Then, pray for the person who will receive the shawl as you make it.

Prayer for healing:

In the name of the Father, the Creator, the Giver of Life, the Holder of time; in the name of Jesus, the Savior, the Healer and the Lifter of Pain, in the name of the Spirit, the Comforter, the Consoler, and the Sustainer of Life; I create this shawl as a mantle of caring. I create a mantle of protection. I create a mantle of wholeness. I create a mantle of strength. I create a mantle of healing. I create a mantle of patience. I create a mantle of empower you. May this prayer shawl warm and comfort you when you are weak and weary.

O Christ, who healed the broken in body and spirit, be with all who suffer today. Be with the doctors, nurses, technicians, and all that care for the sick. Be with the families and friends of those who love and comfort the sick. May your gentle yet strong touch reach out to heal all the broken and hurting people and places in our world.

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Prayer Shawl:

Supplies:

- ❖ 3 skeins of Lion Brand Homespun Yarn (available at Wal-Mart and a few other discount stores.)
- ❖ Size 11 or 13 needles (size 15 works also, although they may be hard for some knitters to hold.)
- ❖ Size 5 or F crochet hook
(It is possible that some other yarn would work just as well. This particular yarn is very soft and knobby, and knits up into a warm, cuddly shawl.)

Pattern:

- ❖ Cast on 57 or 63 stitches.
- ❖ Knit 3, purl 3 to the end of the row. Turn. Repeat.

Fringe:

- ❖ The fringe can be as short as 3 inches or as long as 8 or 9 inches.

For a 7-inch-long, cut lengths of yarn 14 inches long. An easy way to do it is to loosely wind yarn around and around a 7-inch wide piece of cardboard, and then cut through all strands at one end of the cardboard. You will need to cut 128 strands of yarn.

Double one strand of yarn and, using the crochet hook, pull the yarn partly through the corner stitch of one end of the shawl. Bring the two ends through the loop and pull up tightly. Repeat in each of the spaces between the stitches all across each end.

Prayers:

We suggest you weave prayers into your shawl as you crochet, at the beginning, or at the end of the project. There is no right or wrong way to create these mantles of love and care. Enjoy!!

You may choose to use the following prayer –

Dear Heavenly Father, be with the person who will wear this prayer shawl, each day. Comfort and console this person as you hold him or her in your healing presence. May this shawl be a sign of your love and grace. May this shawl bring warmth when to the weary. May it surround the person with love to ease the pain and suffering. O Christ, be with the doctors, nurses, and all who care for the sick. May your strong touch reach out to heal all the broken and hurting people and places in our world. We ask your blessing on the prayer shawl and the person who will wear it. In Jesus' Name. Amen.